



# Newsletter



## From the Principal....

Dear Parents and Carers

Once again, I am amazed at how quickly Term One has been and gone. I am very proud of how all students have settled into the new school year and faced the challenges Term One has brought for them. Whilst the term has been extremely disrupted with student and staff absences due to COVID-19, the staff and students have managed the situations they faced wonderfully. I would also like to thank parents and caregivers for your understanding and support of the school throughout the term as we have dealt with the changing requirements of schools and families as we have navigated the ever changing COVID-19 landscape.

### City of Gosnells Education Scholarship

Each year, the City of Gosnells provides an Educational Scholarship of \$500 for a student who lives in the City of Gosnells and is enrolled at St Francis's School. The scholarship is awarded to a student in either Year 11 or Year 12 and acknowledges the importance of education and the students' dedication to their education. The recipient of the Scholarship for St Francis' School for 2022 was Lara Delilkan. Congratulations to Lara.



### Try a Career Day

On Monday 29 March, a group of Year 10, 11 & 12 students attended the Jobs and Skills - Try a Career Day at the Armadale District Hall. The Career Day was organised by the team from Jobs & Skills Centre at South Metropolitan TAFE Armadale. Thirty-Five organisations had stalls/activities for the students to visit and included Registered Training Organisations, TAFEWA, community organisations and private businesses. The students really enjoyed talking to the people at the various stalls and participating in the activities including VR Painting and Bricklaying.



### Parent/Teacher/Student Meetings – Wednesday 4 May 1:10pm to 7:00pm

A 'good' education is reliant on clear communication between parents/carers, students and school/teachers. As the restrictions on parents entering schools have been lifted, St Francis School is providing the opportunity for parents/caregivers to meet with your child's teachers on Wednesday 4 May. I encourage all parents/caregivers to make appointments to meet with your child's teachers even if an Interview has not been formally requested on the Term One Progress Report. Please contact Jodi or Kate at the school to arrange a time (Phone 9262 4421 or email [admin@stfs.wa.edu.au](mailto:admin@stfs.wa.edu.au)). On this day classes will conclude at the end of Lesson 4 (12:40pm).

Students are expected to attend the meetings as they need every opportunity to take an active part in their education. Feedback on a student's Report and their progress is not effective unless the student is present as well. All students and parents/carers are encouraged to bring a copy of the Term One Progress Report to the meetings.

### Attendance/Punctuality Awards – Term One

Congratulations to the following students who were recipients of awards for their perfect attendance and/or punctuality for Term One:

#### Attendance

- Archer (Year 11)
- Ordacia (Year 11)

#### Punctuality

- Archer (Year 11)
- Ordacia (Year 11)
- Sebastian (Year 10)
- Aishlynn (Year 11)
- Jeremy (Year 11)
- Emily (Year 11)

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**If your son or daughter is absent, please contact the school on 9262 4421 before 9:30am.**

**A medical certificate is required for absences of 2 or more consecutive days, or when requested by the school.**

**If you are picking up your son/daughter during school hours, please notify the school prior to your arrival.**

**You must come to Reception to sign them out.**

**We will not allow them to leave school grounds without written or verbal permission.**

### Our Address:

10 Alloa Road  
Maddington WA 6109

**Phone:** 08 9262 4421

**Fax:** 08 9262 4411

### Email:

[admin@stfs.wa.edu.au](mailto:admin@stfs.wa.edu.au)

### Website:

[www.stfs.wa.edu.au](http://www.stfs.wa.edu.au)

From the Principal....continued

As Easter falls on the middle weekend of the holidays, we concluded Term One with a short Easter Reflection on Thursday 7 April, followed by our traditional Easter Egg Hunt which is always a highlight with the students and staff.

I wish all members of the St Francis' School community a very safe, Holy and blessed Easter. We look forward to seeing everyone back for the start of Term Two on Tuesday 26 April.

God Bless  
Ian Hagen  
Principal



## Around the School in Term 4...



Stand Up Paddleboarding



Let us always meet each other with a smile, for a smile is the beginning of love.



*Mother Teresa*



### IMPORTANT DATES

Interim Reports posted.....  
Last Day Term 1 Students.....Apr 7  
Last Day Term 1 Staff.....Apr 8  
Good Friday.....Apr 15  
Easter Sunday.....Apr 17  
ANZAC Day.....Apr 25

First Day Term 2.....Apr 26  
(Staff and Students)  
Parent/Teacher/Student  
Meetings.....May 4

National Sorry Day.....May 26  
National Reconciliation  
Week.....May 27– June 3  
Staff PD (student Free Day)...June 3  
Public Holiday - WA Day.....June 6  
Service Day #1.....June 10

Last Day Term 2.....July 1  
(Staff and Students)

First Day Term 3.....July 18  
(Staff and Students)

W.  
S. O. C. I. A. L.  
R.  
K.  
E.  
R.

By Debbie Iacozza



#### Pastoral Team Staff Hours

To avoid disappointment please be advised the school pastoral team are unavailable after 4.30 pm each school day and on weekends.

**Please also note that the Pastoral Team will not be available during the school holidays**

If assistance is required please contact the relevant 24 hour support numbers below.:

Emergency 000 or go to any Hospital Emergency Department  
Crisis Care: 9223 1111

Suicide Call Back Service: 1300 659 467

Lifeline: 13 11 14

Mental Health Emergency Response Line: 1300  
555 788

Youth Beyond Blue: 1300 224 636

Kids Help Line: 1800 551 800

Health Direct (information/advice): 1800 022 222



## Respect Responsibility Belief Belonging

- The principles of St Francis' School -

### Our School Prayer

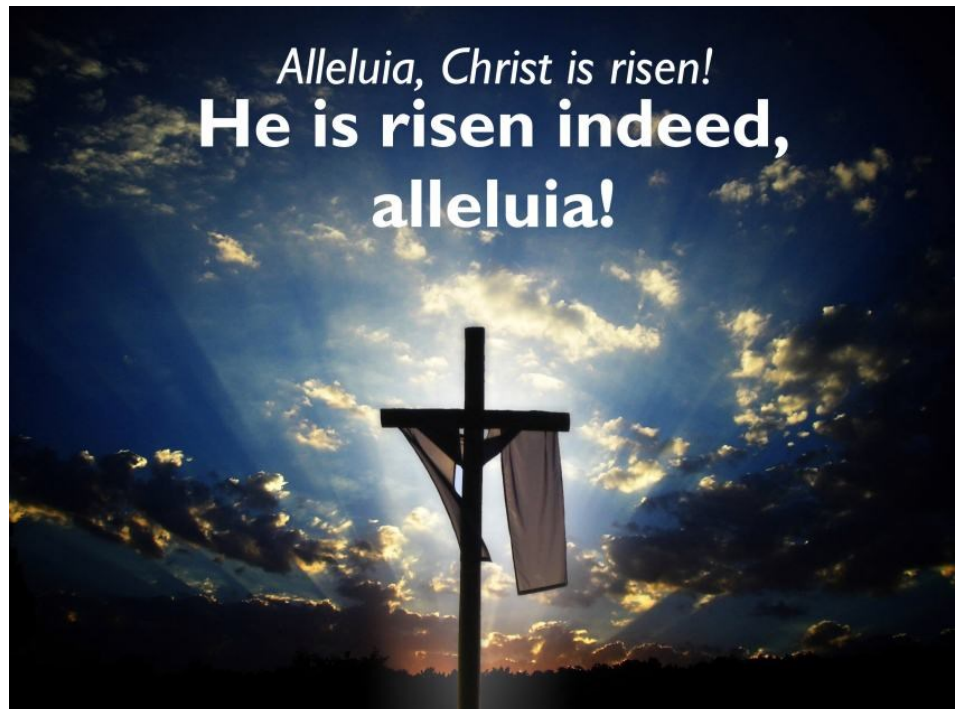
*St Francis,*

*Help me to jump into this  
day, full of joy and hope.*

*Help me to see every  
problem as a learning  
opportunity.*

*To myself and others, let  
me show respect, act  
responsibly, believe in  
myself and learn to belong  
to our school community.*

*Amen*



This Semester the year 10 students had the opportunity to learn barista skills. They have been learning a variety of coffees including cappuccinos, mocha, flat white and of course the much-loved hot chocolate.

The year 12 class recently had a practical assessment and cooked up a storm in the kitchen:

Bailey made a traditional spaghetti bolognese



Chris made a tomato pasta bake



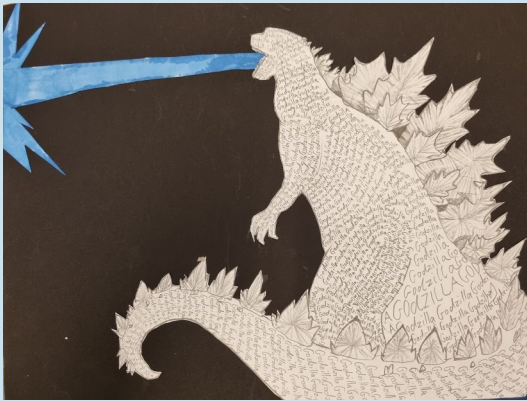
Monet made a creamy chicken pasta



Lara created spicy chicken tenders in a lettuce cup.



Congratulations to Lilly O'Hearn who received 1<sup>st</sup> Prize in the City of Gosnells 'For Arts Sake' competition. Her artwork "The Journey" explores the journey of the stolen generation in a mixed media format. So far this year the Art Room has been busy with students practicing watercolour, screen printing, lino printing and pencil work with portraits.



(Text in Art) - Grace Yr11



Portrait  
Lara Yr12



Self Portrait  
Monet Yr11



Bap! (screen print) - Archer Yr12



Bird  
(watercolour)  
Lara Yr12

# In The Workshop

by Mr David Willock

As part of the Certificate II Engineering Pathways programme, students need to showcase their oxy fusion and brazing skills.

Ordacia completed the helicopter in quick time and the quality of work was excellent.



The Year 10's have been working on a garden trowel. Charlie added her own personal touch when painting the blade which looks great.



**ABILITY**  
*is what you're capable of doing*

**MOTIVATION**  
*determines what you do*

**ATTITUDE**  
*determines how well you do it*

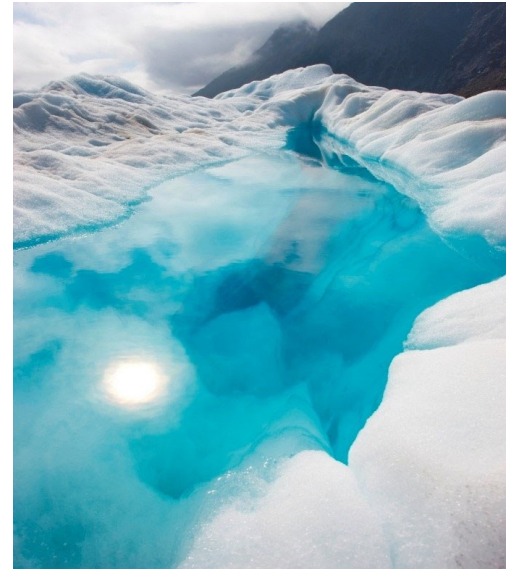


# Youth Worker News

Welcome back to school, we are all planning for this year 2022 to be a good one. One that we care for each other genuinely. Where we slow down and look after ourselves and do less procrastinating and more realistic planning and achieving. You matter to us, we are all a part of the St Francis' School community that desires to care for you and to support you to achieve your best and to discover your personal potential. Please this year allow yourself a bit more you time, to think, plan and process your feelings. Be a seeker of support for yourself and your friends.

If you would like some support from the school, there are many caring people at this school and the Pastoral Care team are available to chat with and to support you and your family.

Courtney Gratteri & Alex Mubanga  
Youth Workers



## GOOD MENTAL HEALTH TIPS

**Eat Well** - Some studies suggest that what you eat affects your mood. A good balanced diet will make sure you have all the essential nutrients needed for your brain to function well, helping to keep you both physically and mentally healthy.

**Get Involved** - Get involved with things. Do volunteer work, get a hobby, join a club or committee, play sport, join a youth group, go fishing with a group of people, socialise or do a short course. The more things you do, the more connected you feel to the world around you.

**Give a Compliment** - Give a compliment and allow yourself to feel good for making someone else feel good.

**Build friendships** - Keep in touch- invite a friend to lunch. Encourage new friendships-ask your friend to bring someone you have never met.

**Share and Create Positive Relationships** - Close relationships have a huge impact on how we feel on a daily basis. A phone call, a couple of emails or a few texts, can help us feel connected to those we love. Sharing thoughts and feelings with friends, family or a counsellor. Talking your problems through as soon as they appear can really help relieve stress and anxiety.

**Reduce Harmful Effects of Alcohol and Drug Use** - Some people make the mistake of thinking that taking drugs can help get them through tough times. Drugs including alcohol, can contribute to, or trigger, mental health problems in people. Mental illness linked to drug use includes anxiety, depression, paranoia, panic attacks, and psychosis.

**Help Others** - Do something to help someone else. Acts of kindness help other people, but also makes us feel good. We are often happiest when doing something for others

**Practice Skilful Conflict Resolution** - Conflict is difficult for most people. There are times where it may not be possible to avoid. Practising skilful conflict resolution can make a difference and, with the skills gained, may have additional benefits. Conflict does not have to be aggressive, discussing and talking through issues can benefit your own well-being.

**Play** - is important for staying mentally healthy. Devoting time to just having fun can recharge your battery, revitalise your social networks, and reduce stress and anxiety.

For more information, to find your nearest headspace centre or for online and telephone support visit: [www.headspace.org.au](http://www.headspace.org.au).



# Youth Worker News

## HARMONY DAY 2022

HAPPY HARMONY DAY 🤝

Did you know...

- ◆ Nearly half of Australians were born overseas or are first generation Australians.
- ◆ We come from over 200 countries.
- ◆ We speak over 300 languages in Australia.

Australia is one of the most multicultural countries in the world and that's definitely worth celebrating. Harmony Day is a celebration of cultural diversity and respect for everyone who calls Australia home. With a country so culturally diverse, it's important we celebrate and acknowledge our traditional owners and the many ancestries that have made Australia such a vibrant place to live.

At St Francis' School we foster inclusiveness, respect and belonging every day of the week. It's at the heart of who we are and why our school is such a great place to be. 🤝

One thing we love about Harmony Day is the opportunity for everyone in our school community to try something they have not tried before. 🌐 📱 🌍

Thank-you to all our students and staff who contributed and came together for a multicultural picnic 🍷 😊 and for the variety of activities this week which were led by students and staff.





## From the STFS Admin Team...

STFS Administration will be closed from 4pm Thursday 7th April reopening on Tuesday 26th April 2022. Should you have any queries during this time, please call and leave a message or alternatively, please email [admin@stfs.wa.edu.au](mailto:admin@stfs.wa.edu.au)



Looking for something to do? Check out the School Holiday Booklet on our website <https://www.stfs.wa.edu.au/pdf/holidaybooklet.pdf>

Take some time for yourself, get outside and enjoy this beautiful weather. Have a safe & Happy Easter.

Kate & Jodi  
STFS Admin



## IMPORTANT NOTICE ABOUT SCHOOL FEES

Final payments for school fees are due unless you have an Approved Payment Arrangement.

If you are unable to pay your fees by the end of April, please contact Jodi at Admin to arrange a payment plan as soon as possible.

A huge **Thank you** to those parents who have paid their 2022 fees or have organised a payment plan. Your cooperation is greatly appreciated.

## Students Leaving Early

At STFS, we encourage our students to take responsibility for themselves and their actions. At times, we have students calling or messaging parents during classes or break times asking to be picked up or to leave the school and go home.

Should students feel the need to go home (for whatever reason), we ask that they speak to their Advocate Teacher or a member of the Pastoral Care Team who will try and provide support and encourage them to stay at school.

If a student needs to go home or be picked up, parents will be contacted by a member of staff who will advise of the situation and seek approval for the student to be dismissed from school.

Please do not hesitate to contact the school when you receive a call or message from your son/daughter. We are happy to work with them so they can remain at school for as long as possible.