



Newsletter



From the Principal....

Dear Parents and Carers

As the 2021 school year draws to a close, I would like to firstly thank all the St Francis' staff for their hard work, dedication, and the passion they demonstrate in working with the students at St Francis' School. Their commitment to the school and the students of St Francis' along with the mission and vision of the school is to be admired. I know that parents/carers appreciate all of the truly genuine care staff demonstrate for all students on a daily basis.

Reflecting on 2021 even we have once again achieved so much and provided so many unique learning opportunities for the young people at St Francis' School. Stand Up Paddle Boarding, Ice Skating Excursion, Bike Riding, MyMarathon Walk, Rugby WA, Mission Australia Fun Day, Capoeira Dancing, joint Excursion with St Clare's School, Interschool Sport with Communicare Academy, Year 12 Graduation Dinner and Graduation Ceremony are all examples of amazing opportunities the students at St Francis' School have been provided with. Each of the activities we do and opportunities we provide for the students at the School build the capacity of our students to be positive contributors to society as well as providing them with key skills and abilities for life beyond school.

Staffing

I would like to thank three staff who will be leaving us at the end of the year. Mrs Jaid O'Donnell, Mrs Karen Young & Mrs Lisa Price. Educational Assistant Mrs Jaid O'Donnell will commence six months Parental Leave at the end of this year. I thank Jaid for her wonderful contributions to our school and we wish her and husband Mitch all the best for the birth of their second child, a sister for their daughter Jordyn.

Mrs Karen Young & Mrs Lisa Price have team taught this year teaching Year 10 Food, Year 11 & 12 HPO as well as Year 11 & 12 Food. Karen & Lisa have contributed to our school in so many ways over the course of this year, I am truly grateful for all they have brought to our school and look forward to them visiting the school in 2022 as relief teachers.

Year 12 Graduation

On Friday 15 October our largest class of Year twelve students graduated from St Francis' School. It was a wonderful celebration of the students' achievements and growth during their time at St Francis' School. It was wonderful to have all the students in attendance along with members of their families to support them on their special day. Several important awards were presented to Year Twelve students at Graduation and the winners of the awards were:



St Francis' Award, Presented by the McNally family,
MTA Award for Excellence in VET
Live to Give Community Service Award

Ordacia Glindemann was also presented with the Year Ten Long Tan Youth Leadership Award.

Congratulations to all the award winners.

Angelique Britz
Jayden Priest
Jordan Davidson



St Francis' Live to Give Community Service

At St Francis' School we enact the spirit of St Francis through active participation and engagement in the Live to Give Program. The Christian Service activities the students engage form part of the *Live To Give Program* and include the Year 10 Service Learning, School Service Days, Volunteering at Vinnies, school recycling program, maintaining the gardens around the school, looking after the rabbits & chickens, cooking meals for local agencies including The Shop Front, Ruah Services and Real-Life Church. Just as the early followers of St Francis were attracted by his powerful message to be of service to others in the spirit of Jesus Christ, the students at St Francis' School have been exemplary in their commitment to Service during 2021. The students at St Francis' have completed over 420 hours of service during 2021, they have truly paid homage to our patron in their commitment to the St Francis' Live to Give Program.

Buildings and Facilities

Half-Court Basketball Court

A major project for 2021 was the installation of a half-court basketball court. The court was the component of the St Francis' Stages 1 & 2 Capital Development Plan. The court has proven very popular with the students and includes line markings for basketball, netball, pickleball, hopscotch & four square.



Inside this Newsletter

- Around the School.....2
- Important Dates.....3
- Graduation.....4
- VET News.....5
- Kids in the Kitchen.....6
- Art at St Francis7
- Sport & Recreation.....9
- Youth Worker News.....12
- From the Admin Team.....14

If your son or daughter is absent, please contact the school on 9262 4421 before 9:30am.

A medical certificate is required for absences of 2 or more consecutive days, or when requested by the school.

If you are picking up your son/daughter during school hours, please notify the school prior to your arrival.

You must come to Reception to sign them out. We will not allow them to leave school grounds without written or verbal permission.

Our Address:
10 Alloa Road
Maddington WA 6109

Phone: 08 9262 4421
Fax: 08 9262 4411

Email:
admin@stfs.wa.edu.au

Website:
www.stfs.wa.edu.au

From the Principal....continued

School Fees 2022

There will an increase of 1.73% in the St Francis' School Fees and Levies for 2022. The Fees and Levies for 2022 are outlined below.

2022 Fees and Levies Summary

School Tuition Fees	\$880
Building Levy (per family)	\$88.00
Total (single student family)	\$968.00

Retiring Advisory Council Member

Mr Greg LeGuier has decided not to continue with the St Francis' Advisory Council in 2022 due to work and other commitments. We are very grateful for the time and expertise Greg brought to the Council as the Treasurer. We thank Greg for all he has done for St Francis' School and wish him all the best for the future.



I thank the School Advisory Council, staff, students, and the St Francis' School community for their ongoing support during 2021. I look forward to continuing to work with all members of the school community to continue growing and developing St Francis' into a CARE School of choice, one in which all young people are provided with the opportunity to flourish in a caring and supportive environment. Finally, I wish all families a blessed Holy Christmas and a happy New Year. I look forward to seeing our continuing students and new enrolments at the start of 2022.

God Bless
Ian Hagen
Principal

Around the School in Term 4...



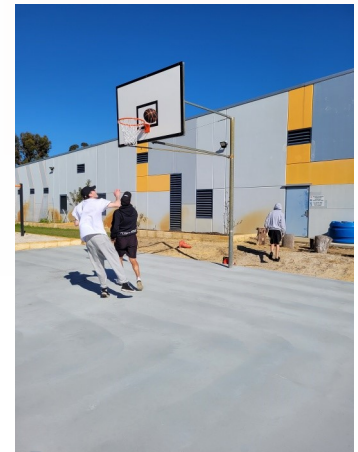
THE NEW BASKETBALL COURT!!



Let us always meet each other with a smile, for a smile is the beginning of love.



Mother Teresa



IMPORTANT DATES

Last Day of Term 4.....Dec 9
(Students)
Year 10 Reports posted.....Dec 10
Last Day of Term 4.....Dec 17
(Staff)
Christmas Day.....Dec 25
Boxing Day.....Dec 26

IMPORTANT DATES Term 1, 2022

New Years Day.....Jan 1
STFS Admin Office Opens.....Jan 17
First Day for Staff.....Jan 27
First Day for
 New students.....Jan 31
 Returning students.....Feb 1
Welcome Morning Tea for Parents,
Carers and Guardians.....Feb 22
Ash Wednesday.....Mar 2
Labour Day Holiday.....Mar 7
OLNA.....Feb 28 - Mar 25
Last Day Term 1 Students.....Apr 7
Last Day Term 1 Staff.....Apr 8
Good Friday.....Apr 15
Easter Sunday.....Apr 17

W.
S. O. C. I. A. L.
R.
K.
E.
R.

By Debbie Iacozza



Pastoral Team Staff Hours

To avoid disappointment please be advised the school pastoral team are unavailable after 4.30 pm each school day and on weekends.

Please also note that the Pastoral Team will not be available during the school holidays

If assistance is required please contact the relevant 24 hour support numbers below.:

Emergency 000 or go to any Hospital Emergency Department
Crisis Care: 9223 1111

Suicide Call Back Service: 1300 659 467

Lifeline: 13 11 14

Mental Health Emergency Response Line: 1300 555 788

Youth Beyond Blue: 1300 224 636

Kids Help Line: 1800 551 800

Health Direct (information/advice): 1800 022 222



Respect Responsibility Belief Belonging

- The principles of St Francis' School -

Our School Prayer

St Francis,

Help me to jump into this day, full of joy and hope.

Help me to see every problem as a learning opportunity.

To myself and others, let me show respect, act responsibly, believe in myself and learn to belong to our school community.

Amen



Like the Virgin Mary and Saint Joseph, like the shepherds of Bethlehem, may we welcome in the Baby Jesus, the love of God made man for us. And may we commit ourselves, with the help of his grace, to making our world more human and more worthy for the children of today and of the future.

- Pope Francis -

Graduation 2021

Congratulations to our award winners:

St Francis Award/Rory McNally Award

Angelique Britz

MTA Excellence in Vocational Education In Training Award

Jayden Priest

Live To Give Service Award

Jordan Davidson



Class of

2021



If our year 12 graduates (or parents) would like a copy of the 2021 Graduation photos, please bring a 16gb USB to Jodi/Kate at Admin.

TAFE Students

Well done to these students for completing the following TAFE courses this year:

Monet Rose (Year 11)

Certificate III Health Services Assistance, Health Science Hub.

Monet was also awarded the 'Focus Award' for her class. This recognises students who are persistent and dedicated to achieving good results.

Photo is Monet and Lee Jegorow, Director.



Kynan Hughes-Wood (Year 11)

Certificate II Automotive Vocational Preparation, MTA Maddington

Gabrielle Murolo (Year 12)

Certificate III Hospitality, VTS Training



YEAR 12 2022 TAFE Applications

South Metro & North Metro TAFE 2022 Semester 1 Applications are still open for Year 12 students hoping to complete a course starting in February 2022

KEY DATES

Saturday 4 December 2021 - Late applications open

Tuesday 4 January 2022 - Late applications close

Friday 7 January 2022 - Waitlist applications open

Work Experience 2022

Any students who are interested in completing a work experience placement in 2022 are reminded that a mandatory vaccination policy for specified occupations and workforces is being introduced by the WA State Government.

As a result, students who are undertaking work experience in the occupations listed below will be required to be fully vaccinated:

1. Hospitals and healthcare facilities
2. Residential and non-residential care services
3. Police
4. Fire & emergency services
5. Supermarkets and retail outlets
6. Hospitality venues including accommodation services
7. Education and Early Learning facilities
8. Financial institutions
9. Building, maintenance, or construction industries.

Kids in the Kitchen

by Mrs Karen Young and Mrs Lisa Price

Making Gingerbread Houses in the last week of school...



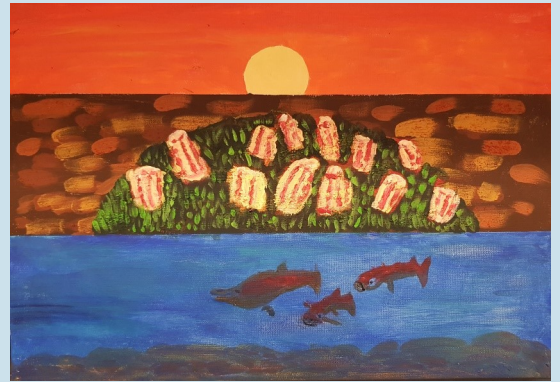
Congratulations to all of the Art students this term and this year. The students have produced some excellent work that is personal and creative.

All students have enjoyed working on canvas.



Sarge
Bailey Yr11

Bunuru
Archer Yr10



My Town in Spring
Lara Yr11



Midnight Possums Grace Yr10



Early Morning Lilly Yr11

Bunuru
Aishlynn Yr10



Perth
Monet Yr11





Art at St Francis

by Mrs Helen Capsalis

Five of our Year 10 and 11 students will have their art displayed at the *For Art's Sake* event in January 2022. Thank you to the City Of Gosnells for facilitating this wonderful opportunity to display art in our local area.

CITY OF GOSNELLS

CITY OF GOSNELLS YOUTH SERVICES
AND YOUNG CHANGE MAKERS PRESENT

FOR ART'S SAKE

FREE EVENT

**FRIDAY
21 JANUARY
3PM – 8PM**
THE CASTLE YOUTH CENTRE
21 DISCOVERY DRIVE
THORNIE

**LOCAL YOUTH EXHIBITION
SHOWCASING TALENT IN GOSNELLS
ART WORKSHOP STATIONS
BUBBLE TEA AND SAUSAGE SIZZLE
PHOTO BOOTH
GLITTER BAR
LIVE DJ AND MORE!**

**AN EXCLUSIVE DAY
FOR YOUNG PEOPLE
AGED 10 – 18 YEARS**

Supported by

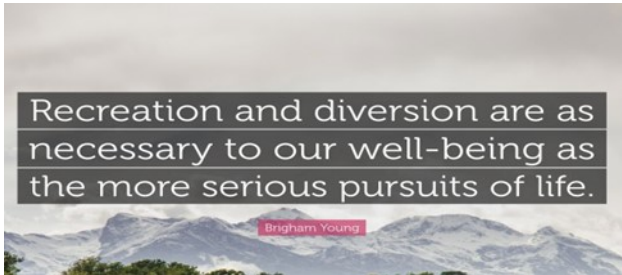
Australian Government
Department of Social Services

thehive.net.au | 9397 3000 | @CityofGosnellsYouth



SPORT & RECREATION

with Mr Simon Emmerson



Recreation this term has continued to provide students an opportunity to engage with outside agencies and venture out into the community. Students commit to a recreation activity each Wednesday and Friday afternoon with some students working on an Art project or cooking for charity. Most students choose the more active pursuits like

Walking, Basketball, Swimming, Touch rugby and Cycling.

One of the highlights of the term was a visit from three Western Force players who delivered 3 fun and energetic sessions and gave us time to chat to them about their Rugby journeys.

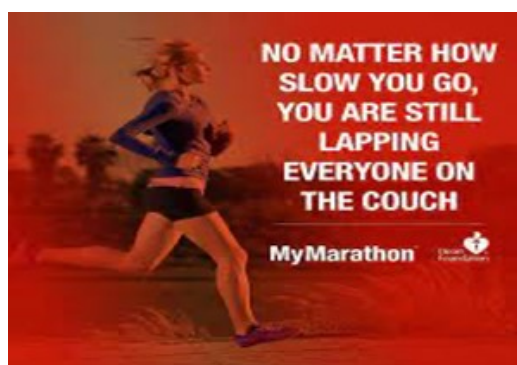


Communicare School came to visit us here on our campus and we played informal games of Outdoor Volleyball and 3 v 3 Basketball which went very well, and they stay to share a sausage sizzle with us for lunch. We look forward to 2022's escapades against them. Congratulations to both schools for their sportsmanship and love for competition.

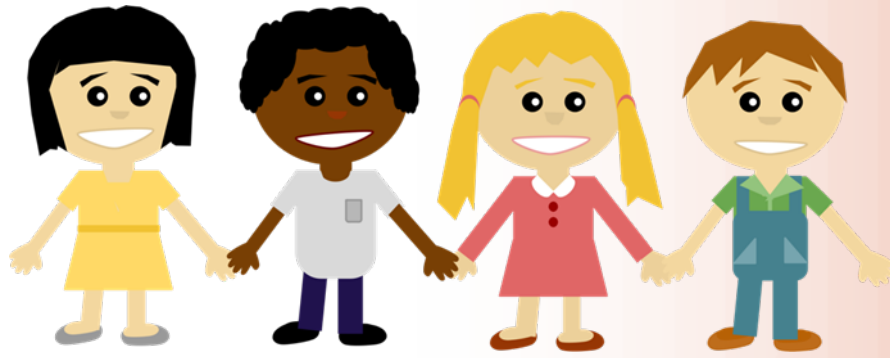
Alvin Jiang from Top Spin Table Tennis came to the school for a session. The students were very enthusiastic they had to wait their turn to get time on the tables. Alvin invited us to his Table tennis centre the following week where he has 17 tables! Staff and students enjoyed a busy session with Alvin and many of us improved our games due to the quality tables, bats and tuition.

In addition to timetabled Recreation, we have also seen steady commitment to activity at break times with regular walks, games of volleyball, and table tennis. One of our focuses in October was to complete a Marathon distance over the month participating in the Heart Foundations 'My Marathon' challenge. As a school we accumulated over 600km of walking, running & riding and donated to the cause at the conclusion of the month.

A big congratulations to all students and staff for their outstanding efforts at Recreation and making it a success each week.



Exercise not only changes your body. It changes your mind, your attitude and your mood.

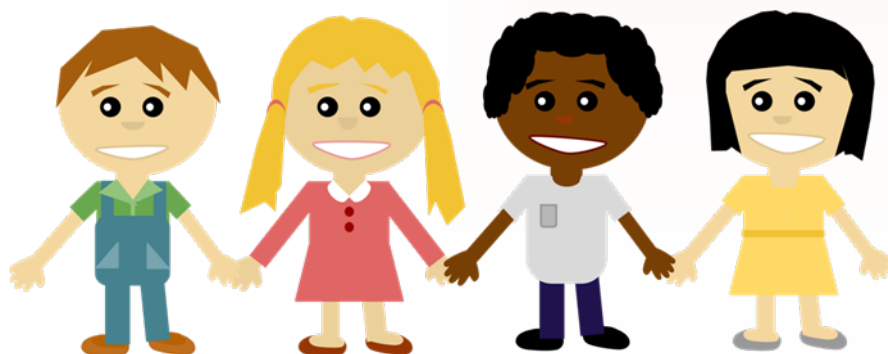


New Student Orientation

Five new students for 2022 were welcomed to the school on Tuesday 30th November and Wednesday 1st December in readiness of their journey at St Francis' School next year. There was plenty of opportunity to mix and mingle with each other as well as with our current year 10 students, and make some connections before the end of the two days.

They spent time familiarising themselves with the school and getting a sense of the environment by hearing from a panel of existing and past students. They listened well and asked some great questions like "What was the best thing about being at St Francis?", "What did you find most challenging about starting at a school like St Francis?" and "What advice would you give to a new student coming to St Francis?"

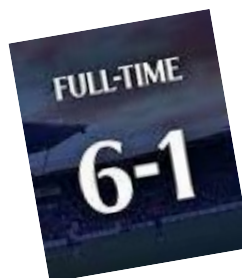
Between the fun games, videos, activities and all the food, the new students were well and truly welcomed to our little school family and are looking forward to starting their adventure as a student at St Francis' School.



ST FRANCIS' DAY 2021



And the winners of the annual Staff v Students soccer game for 2021.....



“**Start** by doing what's necessary; then do what's possible; and suddenly you are doing the impossible.”

Francis of Assisi



Youth Worker News

Networking November

November has been all about networking for our students. Our young people have engaged well in recreation and have been really welcoming to role models and sporting facilitators we have had visit throughout the term. We have seen an increase on our students' engagement with outside support agencies and gaining casual employment. Our young people have been open to Workplace Learning, signing up for TAFE courses, connecting with our schools Facebook page, meeting local elders, staying connected to past graduates and much more...We are really proud of all of our students for being courageous enough to meet new people in their local community.

Creating Christmas @ The Chill Out Zone

At St Francis' School, we understand that Christmas is the time of year to enjoy & share with family & friends. Some people will spend this time alone & isolated, so both our staff and students this year decided to "Create Christmas" and come up with a list of ideas around everything they would like to see, make and experience whilst being at school this term. We have done everything from setting up our Christmas tree, baking ginger bread houses, decoration creating, gift box and card making, movie marathons, wreath designs, long table lunches and much more...

Thank you to all staff and students for making spirits bright this year.

Sleep Hygiene

WHY IS SLEEP IMPORTANT FOR TEENAGERS?

There are so many reasons.

We all know that it's important for children to have healthy diets and get plenty of exercise, but there isn't really much said about the importance of sleep for school age children.

HOW MUCH SLEEP DOES A SCHOOL AGED CHILD NEED?

Teenagers need about 9-10 hours of sleep a night. Lack of regular sleep is likely to affect academic and sporting performance, and behaviour. The risk of emotional problems, such as depression, may also increase in teenagers who fail to get enough sleep. Even getting an extra 30 minutes of sleep each night will make a difference.

REASONS WHY CHILDREN NEED A GOOD NIGHT'S SLEEP!

Sleep promotes physical growth - human growth hormone is released between the hours of midnight and 6 am. This hormone is what is responsible for muscle and tissue development.

Sleep helps with attention and learning - Studies show that children aged between 6 and 15 years of age who lacked sleep were more hyper, aggressive and impulsive.

Sleep helps the brain stay organised - Whilst we sleep research shows that while we sleep our brain goes through a de-cluttering process and decides what needs to be stored and what needs to be discarded.

Sleep deprived children find it hard to pay attention. In order for your child to learn new skills and retain information a good night sleep is critical.

Sleep Is Good for Immunity. A Good night's sleep has been linked to a healthy and stronger immune system.

Sleep Is Good for Mental Health.

Help your kids get a better night's sleep by winding down and keeping things calm before bed.





Youth Worker News

Happy Holidays

The Gift of Listening Well

This holiday season we can show generosity and give the gift of Listening well to others.

We all need to be better listeners as we all can get caught up in the rush of life and don't slow down enough to really listen to those who are talking to you. We get used to the quick style of communication that we do online and need to remember that face to face communication is not like that.

This week and over the summer holidays, whenever you are in conversation with someone, give them 100% of your attention. Don't interrupt and don't think of how you might respond until after they have finished speaking. It's amazing the difference the quality of your listening will make to the conversations you are having.

Relationships are something to be treasured and as humans we are indeed relational beings. Let us honour each other with active and focused listening, and then we will be better equipped to respond in a more caring and understanding manner.

Relationships - The four components

Love the most enduring. Includes care, commitment, kindness, affection, service, generosity, compassion.

Trust the most fragile. Once damaged it takes a long while to rebuild. Includes confidence, loyalty, honesty, faithfulness, reliability, consistency.

Respect the most neglected. Includes honour, regard, recognition, acknowledgement of a person's worth.

Intimacy (understanding), the longest to build. Includes knowledge, empathy, listening, openness, sharing of feelings, self-disclosure, insight, no secrets.

We hope you have a Merry Christmas and a Happy New Year. See you all in 2022!

Courtney Gratteri & Alex Mubanga
Youth Workers



From the STFS Admin Team...

STFS Administration will be closed from 4pm Thursday 17 December 2021, reopening on Tuesday 18th January 2022. Should you have any queries during this time, please call and leave a message or alternatively, please email admin@stfs.wa.edu.au



We hope you have an enjoyable and relaxing Christmas. Take some time for yourself, get outside and enjoy this beautiful weather. See you in 2022!

School F E E S

IMPORTANT NOTICE ABOUT SCHOOL FEES

Final payments for school fees are due by the end of the year unless you have an Approved Payment Arrangement.

If you are unable to pay your fees, please contact Jodi at Admin to arrange a payment plan as soon as possible.

A huge **Thank you** to those parents who have paid their 2021 fees or have organised a payment plan. Your cooperation is greatly appreciated.

Students Leaving Early

At STFS, we encourage our students to take responsibility for themselves and their actions. At times, we have students calling or messaging parents during classes or break times asking to be picked up or to leave the school and go home.

Should students feel the need to go home (for whatever reason), we ask that they speak to their Advocate Teacher or a member of the Pastoral Care Team who will try and provide support and encourage them to stay at school.

If a student needs to go home or be picked up, parents will be contacted by a member of staff who will advise of the situation and seek approval for the student to be dismissed from school.

Please do not hesitate to contact the school when you receive a call or message from your son/daughter. We are happy to work with them so they can remain at school for as long as possible.



Christmas Mass Times

Please contact your local parish for Christmas Mass times.

St Mary's Cathedral, Perth

Victoria Square, Perth

Christmas Eve - Friday 24th December

6pm	Children's Mass with Nativity Play (Adults welcome)
9pm	Solemn Vigil of the Birth of Jesus
10:30-11:30pm	Christmas Carols
12am	Midnight Mass of Christmas in Cathedral

Christmas Day - Saturday 25th December

8am	Dawn Mass of the Birth of Jesus
9:30am	Christmas Mass in Cathedral
11am	Solemn sung Mass of Christmas
5pm	Christmas Youth Mass



St Francis Xavier Church, Armadale

279 Forrest Road, Hilbert

Christmas Eve - Friday 24th December

6pm	Nativity Play and Christmas Carols followed by Mass as 6:30pm
9pm	Mass
12am	Midnight Mass

Christmas Day - Saturday 25th December

7:30am	Dawn Mass
9:30am	Christmas Mass

Holy Family Catholic Church, Maddington

34 Alcock Street, Maddington

Christmas Eve - Friday 24th December

7pm	Mass
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Christmas Day - Saturday 25th December

8am	Christmas Mass
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Our Lady of the Most Blessed Sacrament Church

175 Corfield Street, Gosnells

Christmas Eve - Friday 24th December

6pm	Family Vigil
12am	Midnight Mass

Christmas Day - Saturday 25th December

8:30am	Christmas Mass
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CANDLES



- **Candles** symbolize the light of God coming into the world through the birth of His son.
- The **four outer candles** represent the period of waiting during the four Sundays of Advent, which themselves symbolize the four centuries of waiting between the prophet Malachi and the birth of Christ.

What is the meaning behind the Advent candles?





Sometimes we all need some help....

Thornlie Baptist Church

Ph: 0419 921 436
2378 Albany Highway
Food Hampers Call on Thursday between 3.30 pm and 4.30 pm.
Delivered to you.
Need to have Health Care Card or be receiving similar benefit.

Real Life Church

8/2209 Albany Highway, Gosnells
Ph: 9398 7170
Leave your contact details if no one answers.
Wed, Friday for food assistance.

Mental Health Resources and Supports

Emergency (Policy, fire, ambulance): 000 or 112 from a mobile phone
Poisons information Centre: 13 11 26
Lifeline: 13 11 14
Kids Helpline: 1800 55 1800
Sane Helpline: 1800 187 263
Suicide Call Back Service: 1300 659 467
Mensline Australia: 1300 78 99 78
Mental Health Emergency Response Line
1300 555 788 (metro call only)
1800 676 822 (Peel, free call)

Family and relationship services

South East Metro Parenting Support
Parenting@communicare.org.au
Ph: 9251 5777

Cannington Armadale Family Support Network

Ph: 1300 038 850
2302 - 2308 Albany Highway Gosnells
Working together to provide support to families and young people

If you are at a loose end and want to connect with other volunteers...

The Haven Centre

Ph: 0438 273 620
879 Albany Highway, Victoria Park
Provides free breakfast and Lunch Tuesday – Saturday
Light evening meals Tuesday – Thursday
Op shop open Tuesday – Saturday 9 - 4 pm



OLUNTEER

