

# Newsletter

From the Principal....

Dear Parents & Carers

Reflecting on 2019 we have once again achieved so much and provided so many unique learning opportunities for the young people at St Francis' School. Service Days, cooking meals for Shop Front, the Transition to Adult Life Program, the joint Excursion with St Clare's School, artwork displayed in the Angelico Exhibition and the Year 12 Graduation Dinner are all examples of amazing opportunities the students at St Francis' School have been provided with. Each of the activities we do and opportunities we provide for the students at the School build the capacity of our students to be positive contributors to society as well as providing them with key skills and abilities for life beyond school.

I thank all of the St Francis' staff for their hard work, dedication and the passion they demonstrate in working with the students of St Francis' School. Their commitment to the students of St Francis' along with the mission and vision of the School is to be admired. I know that the students and parents appreciate all of the care they show on a daily basis.

A focus for staff training for 2019 has been Berry Street Education Model (BSEM) Training. The BSEM provides schools with the training, curriculum and strategies to engage even the most challenging students. This education initiative is different because it is based on proven positive education, trauma-informed and wellbeing practices that enable students' academic and personal growth. The model is unique because it educates all members of school educational communities to reinforce and sustain cognitive and behavioural change, thereby re-engaging young people in learning and progressing their academic achievement.

At the start of the year St Francis' introduced the *Morning Circle*, from BSEM, at the start of each day as a means of checking in with each student and activating them through simple games and activities before they go to class. After staff completed the first two days of BSEM Training they wanted to end the day with a *Check Out*, which again gets the students to think about how they are feeling, we also discuss 'What went well' and 'What are we grateful for' before dismissing the students for the day. Both the Morning Circle and Check Out have been well received by all the students. Staff have been wonderful in modelling these new initiatives, challenging and engaging the students.

## White Ribbon School

In 2018 St Francis' School became officially recognised as White Ribbon School. As a White Ribbon School our goal is to be a strong symbol of a safe, equitable school and vehicle for changes in attitudes and behaviours

Schools play a pivotal role in breaking the cycle of violence by teaching young people how to recognise and challenge violence against women and build respectful relationships. Breaking the Silence engages the wider school community to promote and role model gender equality and create a safe, inclusive school culture to stop violence against women.

On the 14th of November we recognised White Ribbon Day, to support the creation of positive social change that will help stop violence against people and create safety in our community. Our students decided to make it a "NO VIOLENCE" and "YES to Healthy Relationships" Awareness Day.

We based our morning meeting and break times around *Breaking the Silence*, where violence comes from and how we can build healthy relationships with those around us. Activities included; White Ribbon Walks, Helping Minds Self-care Workshop, Cup Cake Baking, planting a white ribbon tree, chalk walk and much more. The day's events supported our school's aim of nurturing a culture of respect, equality and, specifically raised awareness of the issue of domestic violence.

Continued over.....



## Inside this Newsletter

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From the Admin Team

**If your son or daughter is absent, please contact the school on 9262 4421 before 9:30am.**

**A medical certificate is required for absences of 2 or more consecutive days, or when requested by the school.**

**If you are picking up your son/daughter during school hours, please notify the school prior to your arrival.**

**You must come to Reception to sign them out. We will not allow them to leave school grounds without written permission.**

## Our Address:

10 Alloa Road  
Maddington WA 6109

**Phone:** 08 9262 4421

**Fax:** 08 9262 4411

## Email:

admin@stfs.wa.edu.au

## Website:

www.stfs.wa.edu.au

## IMPORTANT DATES

### Last Day of Term 4

Students.....Dec 12

Staff.....Dec 20

School closed.....Dec 20

Christmas Day.....Dec 25

Boxing Day.....Dec 26

### 2020

New Years Day.....Jan 1

School Reopens.....Jan 20

Australia Day.....Jan 26

Public Holiday.....Jan 27

### First Day of Term 1, 2020

Staff.....Jan 28

New Students.....Feb 3

Returning Students.....Feb 4

Labour Day Public Holiday...Mar 2

### End of Term 1

Students.....April 9

Staff.....April 9

Good Friday.....April 10

Easter Sunday.....April 12

Easter Monday.....April 13

From the Principal....continued

### Staffing

Mrs Anna Fletcher-Hackett will leave St Francis at the end of 2019, Anna has accepted a position at St James' Anglican School for 2020 as a Head of Learning. Anna is a foundation staff member and has made many wonderful contributions to the School over the past five years including coordinating the biannual St Francis' Exhibition. The artwork the students have produced under her guidance and tuition has been outstanding. On behalf of the school, I thank Anna for all she has done for the School and wish her all the best in her new role and for the future.

Mr Daniel Hobley will conclude his time as an Educational Assistant at St Francis' at the end of this year. Daniel commenced at the School during Term One of this year when Ms Jaid Webster went on Parental Leave. Ms Webster will return to St Francis' at the start of 2020. I credit Daniel for the way in which he has fully immersed himself in St Francis' School over the course of the year and thank him for all he has done during his time at the School.

Anna & Daniel will be sadly missed by both Staff and Students, we wish them both all the best for the future and their new adventures.

Mrs Helen Capsalis will join the St Francis' School Staff in the new year as our Art Teacher. Helen is an extremely experienced Art Teacher having worked at St Mary's College in Broome for 18 years. Helen has a wealth of experience working in a school setting very similar to a CARE School environment and with young people who experienced significant trauma and disadvantage in their lives.

Ms Jaid Webster will return to St Francis' at the start of 2020 after taking the majority of 2019 on Parental Leave, we welcome her back to the School.

### Retiring Board Member

Mrs Catherine Spini resigned from the Board during the year due to work commitments. We are very grateful for the time she gave, and expertise Catherine provided as a member of both the St Francis' School Interim Board and the ongoing School Board. We thank Catherine for all she has done for St Francis' School and wish her all the best for the future.

Thank you to the St Francis' School Board, staff, students and the School community for their support during 2019. I look forward to continuing to work with all members of the School community to continue growing and developing St Francis' into a CARE School in which all young people are provided with the opportunity to flourish in a caring and supportive environment.

Finally, I wish all families a blessed Holy Christmas and a Happy New Year. I look forward to seeing our continuing students and new enrolments at the start of 2020.

God Bless  
Ian Hagen



## Respect Responsibility Belief Belonging

- The Principles of St Francis' School -

## Student Attendance Awards

Being punctual to school and attending each day is key to any students' engagement in their schooling and education. In the last week of Term we acknowledged the following students who had either perfect attendance at school and/or perfect punctuality to school. Congratulations to these students on their awards.

### Perfect Punctuality

#### Year 10

Jack Mc

Georgia S

#### Year 11

Paige

#### Year 12

Shannon

Andrew

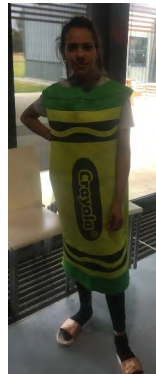
Ali



# Around the School.....



# 2019





# In the Kitchen

with Mrs Krystal Dean

The kitchen at St Francis' School is always a hype of activity and Term 4 was no different.

The main theme for all the Cooking classes this term was **Community Service**. Students created and packaged five healthy meals which included: Spaghetti Bolognese, Butter Chicken, Chicken Stir-Fry, Beef Stroganoff, and Chicken Vegetable Noodles.

In total, the students made over 100 meals!

We then personally delivered the meals to two wonderful, non-profit organisations: The Shopfront and RUAH Community service. Both of these organisations work with the community and assist people with mental health and wellness, and homelessness.



The Shopfront 

**RUAH**  
COMMUNITY SERVICES  
*Open Hearts. Bold Strides.*



Keys4Life is a pre-driver program that empowers students to make informed decisions about safer driving.

The program is broken into 10 lessons and covers road safety education content. It is mapped to a selection of learning area in the Western Australian Curriculum.

Congratulations to Nick (year 11), Victoria (year 11), Blake (year 11) and Hannah (year 11) who successfully passed the Learner's Permit Theory Test in 2019!

# Vocational Training

...with Miss Sarah Ware

## Year 10 Certificate II FSK

The Certificate II Skills for Work and Vocational Pathways helps students to improve their reading, writing, numeracy and oral communication skills. It is designed to help students prepare for entry into the workforce or vocational training pathways including TAFE.



The Year 10 students have made excellent progress through this qualification this year and most students only have a few units remaining to complete in Year 11.

Examples of units completed this year include strategies for dealing with work place problems, using digital technology, health and safety, and interactively effectively with others at work.

Another unit completed by some students this Semester was the Senior First Aid Qualification. Instructor Wendy conducted the one day course and was very impressed with our students knowledge and attitude.



Well done to Georgia, Melissa, Angel, Jayden and Bethany who were awarded the three year qualification.



# TAFE and further study...

## 2019 TAFE Courses

Students in Year 11 and 12 can apply to study at TAFE to achieve a range of vocational qualifications, this year the following students below embarked on this opportunity:

### Year 12

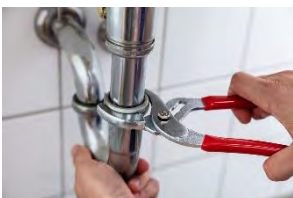
**Alexandra Ure**

**Certificate II Community Services (Early Childhood), North Metro TAFE.**

Congratulations to Ali for completing this course which develops skills in communicating and working with a range of people, organising and completing daily work responsibilities and child interaction and care. Ali also successfully completed a 20 hour work placement at Mulberry Tree Childcare in North Perth.



### Year 11



**Connor Rose**

**Certificate II Plumbing, MPA Skills, Jandakot.**

Connor completed his first year of a two year course which develops the knowledge and skills to work effectively in the construction industry, use of hand and power tools, welding, reading plans & calculating quantities and workplace health and safety. Connor was successful in his application to join the CTF Scholarship Program over the two years which 100% funds the qualification and new uniform each year. Connor also completed a work placement of 110 hours for this qualification and received excellent feedback from his employer.

**Nick Tovey**

**Certificate II in Automotive Vocational Preparation, MTA Skills, Maddington.**

Congratulations to Nick for completing this course which develops a comprehensive set of skills as a basic introduction to the automotive industry and includes servicing mechanical parts and suspension systems, how to identify and inspect mechanical and electrical components of light and heavy vehicles and performing basic maintenance and repairs. Nick completed a work placement and received outstanding feedback from the employer.



## 2020 TAFE Courses

We are delighted that the following Year 10 students have accepted offers for a place at South Metro TAFE starting in February 2020:

**Jayden Priest**

Certificate II in Automotive Vocational Preparation

**Georgia Starling**

Certificate II in Community Services (Early Childcare)

**Jasmin Sullivan**

Certificate II in Building and Construction  
(Painting and Decorating Pre-Apprenticeship).



There is also the opportunity for our students to complete a work experience placement in 2020. Please see Sarah if your son/daughter is interested.



# From the Art Room

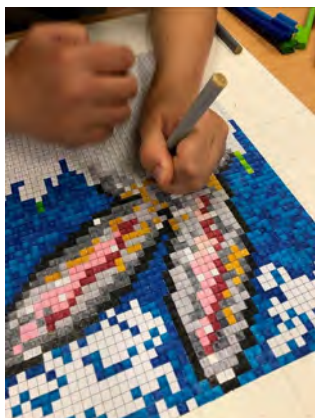
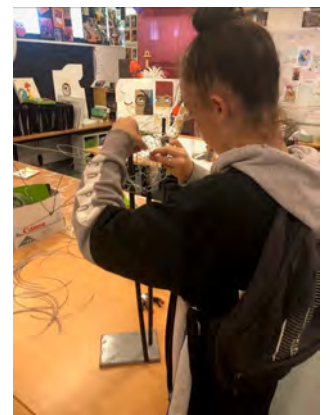


What a great 2019 we have had in the Art Room!

Students have been busy working on various pieces this year from wire dragonflies and posh peacocks in 3D sculpture to pixel art, pizza box paintings and low relief board mixed media works. They also had the added workload of designing and constructing a school sculpture this year on our Service Days. This sculpture titled "Peas In A Pod" is currently placed at the entrance of the school reception.



Well done to all the art students for all their hard work!!



# Our Catholic Faith

Here at St. Francis' School, we have never backed away from the importance of our Catholic Faith or our part in the Catholic Community.

Our staff come to their roles at the School through a firm belief in the Gospel messages of Jesus and we do our best to demonstrate these in our daily interactions.



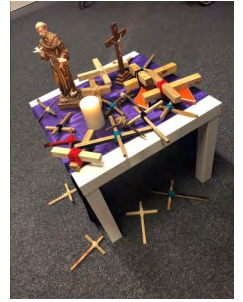
All students participate in Religious Education subjects, where the emphasis is on learning about the impact of Religion in the world as well as the symbols and rituals that are used to express spirituality and faith.

Each year we have liturgies for Ash Wednesday, Easter, Pentecost, the Feast of the Assumption, St. Francis' Day, All Saint's Day and Christmas.

These activities give us a chance to connect to a sense of the spiritual and to build our community with reflection and prayer.



Service to others is also a theme that runs through our school and is part of the Year 10 program. We have had great support from our community this year with our Service Days and one of these also incorporated our Pentecost Liturgy.



## What is the meaning behind the Advent candles?

### CANDLES



- Candles symbolize the light of God coming into the world through the birth of His son.
- The four outer candles represent the period of waiting during the four Sundays of Advent, which themselves symbolize the four centuries of waiting between the prophet Malachi and the birth of Christ.

## Christmas Mass

### St Francis Xavier Church, Armadale

Christmas Eve - Tuesday 24 December

6.30pm Mass (6pm Nativity Play & Carols) at St Francis Xavier Church

9pm Mass (8.30pm Carols) at St Francis Xavier Church

12am Midnight Mass (11.30pm Carols) at St Francis Xavier Church

7pm Outdoor Vigil Mass (6.30pm Carols) at St Kevin's Church – Serpentine (37 Richardson Street, Serpentine; Please bring a chair for the Outdoor Mass)

Christmas Day - Wednesday 25 December

7.30am and 9.30am Masses at St Francis Xavier Church.

### Holy Family Catholic Church, Maddington

Christmas Eve -Tuesday 24th December

7pm Vigil Mass (preceded by Carols at 6:30pm and Children's Nativity Play at 6:45pm)

9pm Malayalam Vigil Mass

12am Midnight Mass (preceded by Carols at 11:45pm)

Christmas Day -Wednesday 25th December

9am Christmas Day Mass (preceded by Carols at 8:45pm)

### St Mary's Cathedral, Perth

Christmas Eve - Tuesday 24th December

6pm Children's Mass with Nativity Play (Adults welcome)

9pm Solemn Vigil of the Birth of Jesus

12:30-11:30pm Lessons and Christmas Carols

12am Midnight Mass of Christmas in Cathedral

Christmas Day - Wednesday 25th December

8am Dawn Mass of the Birth of Jesus

9:30am Christmas Mass in Cathedral

11am Solemn sung Mass of Christmas

5pm Christmas Youth Mass





# LIFE IN THE WORKSHOP....

by Mr David Willock



As part of the Certificate II Engineering Pathways programme, students can build a project of their own choice.

This year we had a couple of coffee tables built by Luke Whitmore and Andrew Pratley.

The projects showcase their fabrication and welding skills and the uniqueness of both designs will make them a great talking piece.

Both tables look great and are well constructed. Well done Luke and Andrew!



# Recreation

Recreation this term has continued to be a time in the St Francis' School week where student engagement is excellent.

This unique time is when we get to venture out into the community, recreate and reconnect. It is a valuable time for all of us to challenge ourselves with new activities, enjoy a sport, an outdoor adventure or just take a moment to be lost in an activity that is good for our mental, emotional and physical health.

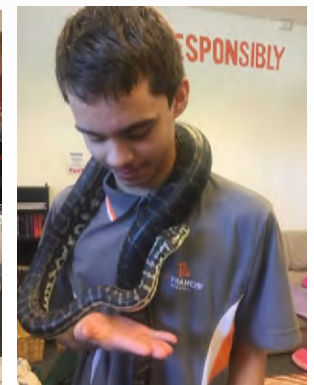
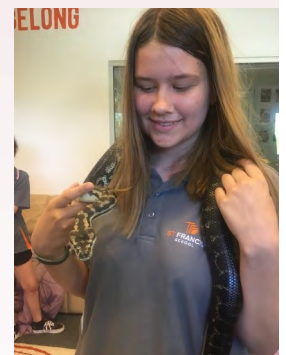


We are aware that we all choose to recreate differently so we always fill the time with varied activities hoping that there is something for everyone each session. So... this term we have been to Champions Lake for a walk, South Perth for bike riding and a bit of 3 v 3 basketball on the community outdoor courts, Rock climbing at the 'Hang out', Minute to Win It, swimming at Armadale pools, tennis and cricket at Mills Park, Karly from Ranger Red brought a range of native animals to talk about and for students to handle, and



last but not least a good old fashioned sports fest at the Jewel in the crown of community facilities Fitzpatrick's indoor sports centre.

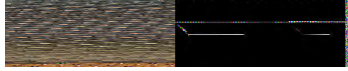
Again, well done to all the students that have given their best through the term wanting to **belong** to recreation, demonstrating **belief** when trying new activities, showing **respect** to all the guest facilitators and each other, and taking **responsibility** for your personal health by getting out and moving.



# Youth Worker News

with Mrs Courtney-Marie Gratteri

BUILD A BIKE BUILD A BIKE BUILD A BIKE



This term we were blessed by Bryony Parker and the team at Perth Transport Authority who have donated 12 bikes. During each session, both our students and teacher Simon Emmerson developed a program that uses hands-on skill-building to engage and support young people in building a bike for themselves and our school community. We have found that our bike building project builds knowledge, tactile skills, confidence and teamwork through various mechanical and mentoring activities. During Bike Building, our students fully strip and rebuild fewer bikes as a team. We have found that our bike building projects over the years have had a massive positive impact on both our students and our local community. We now have students who are independently travelling to school through the week and are now able to connect more to their community on the weekend due to this.

## Self-care plans and End of Term self-care packs

This term we have focused on supporting our students in creating, reviewing and having ownership around their very own self-care plans. We help students to identify their needs, early warning signs, regulation tools, support staff and figure out ways to tackle things that pop up in their daily life, to take better self-care and reach their potential. Each of our students have been given self-care packs each term which was full of sanitary items, toiletries and other goodies.

## Share the Dignity

We have been incredibly blessed again this Term by "Share the Dignity" with their donation of 45 "It's in the bag" donations which provided St Francis' School with self-care packs this Term 😊 We are all so thankful for their support and generosity which we can now distribute to our students. You ladies are HEROS ❤️ #blessed #STFSsharetheDignity #supportedbycommunity



## How to keep your child safe online

Protecting your children from harm is just as important online as it is in the real world. As a parent or carer, you can play an important role in helping children have safe and positive experiences online. The Internet offers an exciting world of experiences for children and the whole family. It can be entertaining, educational and rewarding. However, using the Internet also involves risks and challenges. Children might be exposed to content that is sexually explicit, violent, prohibited or even illegal. They may also experience cyber bullying or be at risk from contact by strangers. Children may - unknowingly or deliberately - share personal information without realising they may be subject to identity theft, or that they are leaving behind content that might not reflect well on them in the future. Talk with your kids about the risks, and answer their questions or concerns about things they find on the Internet. For more information visit: [http://www.staysmartonline.gov.au/home\\_users/protect\\_your\\_children](http://www.staysmartonline.gov.au/home_users/protect_your_children)

## Helping Minds - Community Connections

What a fantastic, fun filled and exciting term of creating and connecting to community we have had at St Francis. Our themes at the start of this term was "Opportunities in October" and "Networking in November". Andrea from Helping Minds came out to address a wide range of information around mental illness and mental wellbeing and we also had a visit from Kayla who allowed us to interact with Ranger Red's native animals. We would like to thank other agencies and community stakeholders such as Ruah Centre and The Shop Front.



St Francis' School has entered into December with the spirit of "Creating Christmas" with an array of activities starting from native wreath making, Appreciation card writing, Christmas cheer essential oil rollers, Lanterns and Decoration, Ginger bread house making, and our Breakfast Club Christmas movie marathons.

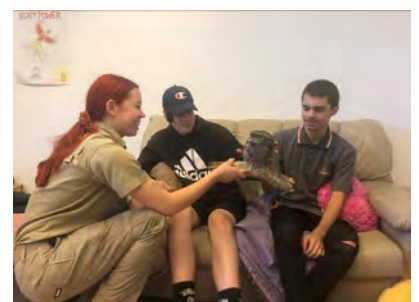
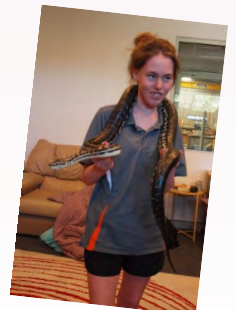
## School Holidays

Go onto our school website and download our free Christmas School Holidays activity booklet

to find out what's happening in our community.

I would like to wish you all a happy, safe and relaxing Christmas and Holiday break!

Courtney



# Graduation

At the beginning of the Term we farewelled our Year 12's. It was an occasion to celebrate their time at St Francis' School and to mark the beginning of the next phase of their lives.

The graduating students were encouraged to use their gifts and talents to make the most of the opportunities life provides and also to aim to be the best that they personally, can be.

We will keep our Year Twelve students in our prayers, praying for God to keep them safe and guide them in their decision making in the next phase of their life.



Congratulations to the 2019 awards winners.



**St Francis' Award**  
Clare Campbell.



**Australian Super Award for Excellence in Vocational Education and Training**  
Alexandra Ure.



**The Australian Defence Force Long Tan Youth Leadership and Teamwork Awards**  
Shannon Byl (Year 12)  
Jayden Priest (Year 10)



# Graduation



Congrats  
Class of  
2019



# Adventure World 2019



On Monday 2nd December, we celebrated a great 2019 with our annual excursion to Adventure World.

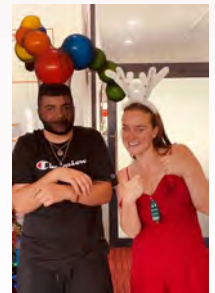
We were blessed with wonderful weather and everyone had a fabulous time.



Fun, games and great food can only mean one thing:

It's Dec 6th

Dutch Christmas!



# Last Week of School

Our last week of the 2019 school year involved many different and fun activities.....

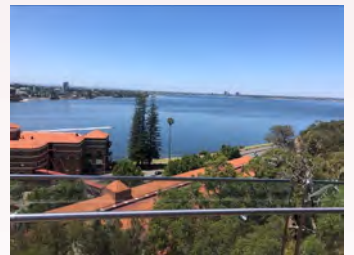


Making Gingerbread Houses



A beautiful day at Kings Park and Matilda Bay

Relaxing on the banks of the Swan River



Coogee Beach!!



## From the STFS Admin Team...

STFS Administration will be closed from 4pm Thursday 19th December 2019, reopening on Monday 20th January 2020. Should you have any queries during this time, please call 9262 4421 and leave a message or alternatively, please email [admin@stfs.wa.edu.au](mailto:admin@stfs.wa.edu.au)

Have a relaxing, festive Christmas and a safe New Year  
Jodi & Kate



### School Fees

At St Francis's School, our fees are kept as low as possible and include excursions, one STFS polo shirt, books and stationery.

#### **Fees for 2019 are now overdue and must be paid asap**

It is greatly appreciated that parents pay the full amount of fees either in one lump sum or in instalments as per the Payment Option Form. Thank you to those parents who have already made payments.

Should you have any difficulty in paying your fees or you'd like to set up a weekly/fortnightly/monthly payment arrangement, please contact Jodi on 9262 4421.

**All discussions regarding fees are strictly confidential.**

At STFS, we encourage parents/guardians to contact the school if a student is going to be absent, late or need to leave early.

We have a school mobile that you can send a text to 0427 920 344 or please send an email to [admin@stfs.wa.edu.au](mailto:admin@stfs.wa.edu.au).

## Uniform



It's fantastic to see so many students in their uniform each day. As per the Handbook, it is compulsory for students to

wear uniform to school each day and we appreciate parents' support in this matter.

If you would like to order any uniform for your son/daughter, please contact Admin

STFS Student Polo	\$30 each
STFS Hoodie	\$50 each



## Community News....



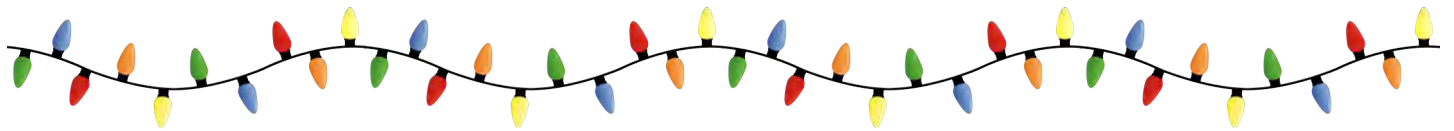
Make your spirits bright this festive season, by heading down to the City of Gosnells' family Christmas celebration, Jingle All the Way!



Jingle All the Way promises to be a great way to share the Christmas spirit with friends, family and others in our community.

Between 5pm and 9pm on Saturday 14 December in the Centennial Pioneer Park Amphitheatre, enjoy a wonderland of Christmas carols, roaming festive characters, food trucks and fun activities for the whole family. A very jolly special guest will also make an appearance.

As the sun sets, kick back and enjoy a sunset cinema screening of the Grinch. [https://www.gosnells.wa.gov.au/Lifestyle/Leisure\\_Activities/Whats\\_on\\_in\\_Gosnells/](https://www.gosnells.wa.gov.au/Lifestyle/Leisure_Activities/Whats_on_in_Gosnells/)



### Carols by Candlelight and Christmas Parade

In an annual Christmas tradition the City of Armadale invites you to join in the festive spirit of the holiday season with Carols by Candlelight. This family friendly Christmas event is bursting with community pride and celebration as it showcases some of the incredible talent from the Armadale area.

The evening begins early with the Christmas Parade through Jull Street Mall. Featuring a variety of colourful characters and performances by local community groups, providing an exciting spectacle for the young and imaginative. Follow the parade through to Memorial Park, where Santa Claus will address the audience and share some special words of wisdom with the children in the lead up to Christmas.

Collect your songbooks and LED candles to join in the musical spectacular with performances by local schools and community choirs, supported with live music provided by the highly acclaimed and award winning Armadale City Concert Band.

With thousands joining in the festivities, Carols by Candlelight is the perfect mix of high quality music, candlelight and families enjoying the Christmas spirit in the lead up to Christmas.

Also home to the annual Salvation Army Christmas Food Bank appeal, we encourage you to bring non-perishable food items and groceries for those in need in your community.

This is a family friendly, smoke and alcohol free event.

#### 6pm Christmas Parade

Jull Street Mall, Armadale

#### 7pm Carols by Candlelight

Memorial Park, Orchard Avenue, Armadale



<https://www.armadale.wa.gov.au/events/carols-candlelight-and-christmas-parade>

## Community News....

# Sometimes we need a helping hand...

If you are in need, here are some services that may be able to assist

### Thornlie Baptist Hampers

Ph: 0413 995 044

For Emergency food assistance call

Thursday 3.30 -4.30 pm

Requirements - Must live in Thornlie, Huntingdale, Kenwick, Maddington or Langford area.

ID to be provided

### Mission Australia Maddington

Ph: 9262 4204 (ring for appointment)

Need to live in South Metro area

40 Orr Street, Maddington

Tuesday – Thursday

Fruit and vegie bags available on Thursday Mornings

On first come first serve basis after 9.00 am

### Love Langford Dinners

Ph: 9356 9889

Every second Tuesday, 5 -7 pm during school term.

2 Choseley Place, Langford

### Gosnells Baptist Church

Ph: 0419 921 436

2378 Albany Highway

Food Hampers on Tuesday and Wednesday 9 -11 am



### Do you feel like volunteering and giving back?

#### The Haven Centre

Ph: 0438 273 620

879 Albany Highway, Victoria Park

Provides free breakfast and Lunch Tuesday – Saturday

Light evening meals Tuesday – Thursday

Op shop open Tuesday – Saturday 9 - 4 pm

### St Francis' School Partnerships

This year the staff and students of St Francis' School have benefited from the support of culturally relevant services - Yorgum and Langford Aboriginal Association.

#### Yorgum (Ph: 9218 9477)

Provides Aboriginal people with a nurturing and safe place that promotes strength and resilience of Aboriginal people through culturally appropriate healing.

#### Langford Aboriginal Association (Ph: 9451 1424)

Provides services that increase health and wellbeing, social and cultural connections for Aboriginal people living and working in the Perth Metropolitan area.

### Mental Health Resources and Supports

Emergency (Policy, fire, ambulance): 000 or 112 from a mobile phone

Poisons information Centre: 13 11 26

Lifeline: 13 11 14

Kids Helpline: 1800 55 1800

Sane Helpline: 1800 187 263

Suicide Call Back Service: 1300 659 467

Mensline Australia: 1300 78 99 78

#### Mental Health Emergency Response Line

1300 555 788 (Metro area call only)

1800 676 822 (Peel area)

1800 552 002 RuralLink (outside Metro area)

#### Family and relationship services (run by Communicare and Save the Children)

South East Metro Parenting Support

Parenting@communicare.org.au

Ph: 9251 5777

#### Cannington Armadale Family Support Network (run by Centrecare and Wungening)

Ph: 1300 038 850

2302 2308 Albany Highway Gosnells

Working together to provide support to families and young people



# Community News....

## Sometimes we need a helping hand...



### Christmas Breakfast at Centrepoint Church

8:30am - 10am

Bill Hicks Reserve, Plaistowe Boulevard, Byford  
9/24 Discovery Drive, Bibra Lake  
1895 Albany Highway, Maddington

**centrepoint**  
CHURCH

Many families and individuals do not have the chance to share Christmas celebrations with friends and family. Centrepoint Church invites you to join our community for an amazing breakfast on Christmas Day!

Come and enjoy a free full cooked breakfast of everything from muesli, yoghurt and fruit to bacon and eggs, sausages and more, while enjoying live entertainment. Don't spend Christmas alone! This is a great opportunity to make some new friends, connect with our community, and join in on some fun! We want your Christmas morning to start with a delicious breakfast alongside friends, neighbours, family and people in our Community.

Christmas Breakfast is FREE for everyone and anyone to attend. If you know anyone that is going through a hard time, struggling or perhaps experiencing loneliness, anxiety, sadness and a sense of emptiness, we would love to warmly welcome them, and bring a ray of hope and joy to their Christmas.

For the kids we have plenty of fun activities! From inflatables, to face painting, arts and craft, and games. Children up to 12 years will also receive a Christmas showbag full of goodies, as well as a special visit from Santa.

To register, go to <https://centrepoint.church/christmasbreakfast/>



### Carols in Gosnells

22 December 2019

5:00pm - 7:00pm

42 Goodall Street, Gosnells

Free BBQ at 5pm followed by a carol service at 6pm.



Giving  
Hope  
Today



### There are a lot of FREE Christmas events in and around the city....

Christmas Festival in Stadium Park at Optus Stadium (FREE event)

Sunday 22nd December

4pm to 8:30pm



Christmas at Lake Monger (FREE event)

Thursday 19th December

4:30pm to 8:30pm

Christmas Lights Trail Perth (FREE event)

Nightly until 26th December

From 6pm

Christmas Nativity and Christmas Carols at Supreme Court Gardens (FREE event)

20th & 21st December

Grounds open 4pm, Pre Show 6:30pm, Main Show 7:30pm

Go to <https://www.kids-around-perth.com/christmas-events-perth.html> for all the details



## From the STFS Admin Team...



This year we are raising money for our School with the Entertainment Book fundraiser. Please help us achieve our goal by purchasing your Entertainment Membership from us. St Francis' School received 20% from every Membership sold so tell you family and friends to support us aswell.

### Say it with savings this festive season!

'Tis the season for supporting and we have a great gifting opportunity which helps our fundraising efforts.

**The Gift of Entertainment is a new Digital Membership valid for 12 months from the day of activation!**

You can buy that special someone a Single City or Multi City Membership so they can save year-round on everything they love to do. Simply buy it, print it, gift it!

<b>Single City</b> <b>\$69<sup>99</sup></b> 1 Year Discover all the best savings in your city	<b>Multi City</b> <b>\$119<sup>99</sup></b> 1 Year <b>MOST POPULAR</b> Enjoy savings across all of Australia, New Zealand and Bali	<b>Multi Plus</b> <b>\$229<sup>99</sup></b> 2 Years <b>BEST VALUE</b> 2 years of savings across Australia, New Zealand and Bali
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We receive 20% of the sale from each Membership for our fundraiser and you'll get 12 months of thanks and appreciation for being an exceptional gift giver.

The Gift of Entertainment has savings for everyone, with thousands of 2-for-1 offers and up to 50% off:

- Dining, cinema, theme parks, events and attractions
- Travel package rates including thousands of hotels and resorts
- Flights, car rental and gift cards and more

**Purchase your Membership online at [www.entbook.com.au/9n53794](http://www.entbook.com.au/9n53794)**

