

# Newsletter



## From the Principal....

Dear Parents & Carers

Our Principal, Ian Hagen, is currently away on long service leave which gives me the chance to reflect on the past term and some of the activities that have taken place.

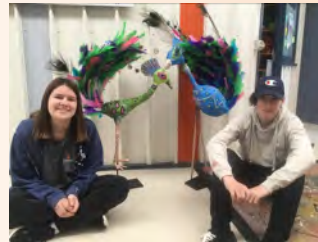
The school grounds have seen quite a bit of earth moving. Areas have been cleaned up, the chicken coop and vegetable patch have had a redesign due to the renovations and a swing set has been added with the aim of giving the students another area to connect and enjoy.

Our Service Day was a great success, with many activities one could partake in; including preparing meals for those in need (Shop Front), sorting clothes at St Vincent de Paul, as well as activities around the school (painting the rabbit hutch, finishing the new chicken coop and planting fruit trees). Thanks to all the students and staff for your participation and a HUGE thank you to those parents who could join us for the day - Pauline Ure, Jackie Shaw and Jeanne Davidson - your efforts are greatly appreciated. As tradition we concluded our Service activities with a delicious shared lunch.

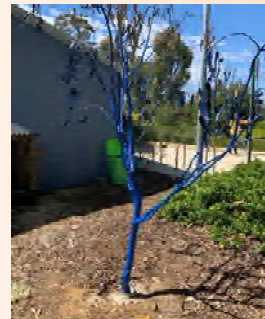
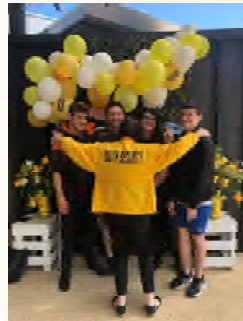


The Year 10 and 11 students went for an excursion to the Construction Futures Centre. The aim of this activity was to explore opportunities that may not have been considered as an employment pathway post school.

Students from the Art classes travelled to the Forrest Centre in the city to view the Angelico Exhibition. Not only were they able to see their own work on display but were able to critically analyse and view other students perspective of art.



RU okay day – in the title it says a day, but we had many activities during the week, raising awareness of mental health. 'Be Nice' bath bomb making, 'Self Care' candles, 'Call in' for a cuppa and cupcake and the Blue Tree painting were activities aimed at sparking conversations around mental health. These conversations will continue to be part of our environment and culture at St Francis, helping us to care not only for ourselves but those around us.



We also celebrated Book Week this term with a fantastic display including favourite books brought in by staff and students. The week included staff and students sharing stories on why various books were their favourite or had special meaning to them, and also had the chance to read some classic stories.

Continued over

## Inside this Newsletter

Student Attendance Awards

Important Dates

St Francis Day 2019

Police Academy Visit

Wooden it be Lovely

Recreation

Youth Worker News

Around the School

From the Admin Team

**If your son or daughter is absent, please contact the school on 9262 4421 before 9:30am.**

**A medical certificate is required for absences of 2 or more consecutive days, or when requested by the school.**

**If you are picking up your son/daughter during school hours, please notify the school prior to your arrival.**

**You must come to Reception to sign them out. We will not allow them to leave school grounds without written permission.**

### Our Address:

10 Alloa Road  
Maddington WA 6109

Phone: 08 9262 4421

Fax: 08 9262 4411

### Email:

admin@stfs.wa.edu.au

### Website:

www.stfs.wa.edu.au

## IMPORTANT DATES

### Last Day of Term 3

Students..... Sept 27

Staff..... Sept 27

St Francis of Assisi Day.....Oct 4

### First Day of Term 4

Staff .....Oct 14

Students..... Oct 14

Yr 12 Graduation..... Oct 18

Remembrance Day.....Nov 11

STFS White Ribbon Day.....Nov 14

Year 11 Last Day.....Nov 22

Adventure World.....Nov 29

### Australia Catholic Youth

Festival.....Dec 9 & 10

### Last Day of Term 4

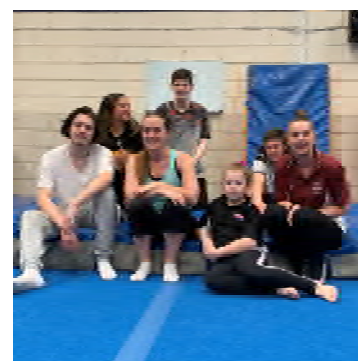
Staff.....Dec 13

Students.....Dec 20

From the Principal continued....

The STFS Olympics was held over two afternoons - one for team events and the other individual events - and is a unique variation on many events seen at the Olympic Games. These novice activities are designed for the purpose of fun and participation and it was an entertaining few days.

We have added a few new activities to the sport calendar, including table tennis, for which we were fortunate to have Mr Alvin Jiung show us a few of the finer points. Alvin has represented Australia at World Games, is ranked number 1 in his age group for Australia, is WA's number 1 ranked player and is head coach of the WA State teams. We also had a golf teaching professional give us some tips and put the lessons into practice on the driving range. Boxing and Gymnastics also proved to be popular as the students went to the PCYC where the instructors took the students for a high energy workout.



Rather than a Year 12 graduation breakfast we tried something different this year by having a graduation dinner. It was a really nice night, with good food and great conversation. The students looked very 'grown up' presenting appropriately for the occasion in both their appearance and their etiquette/ manner in which they conducted themselves.

Term 3 concludes with Saint Francis' Day. We have the traditional events, the Principals Cup soccer game and the sit-down lunch, as well as a host of other entertaining activities as our way of farewelling the Year 12's.

God Bless  
David Willock

## Respect Responsibility Belief Belonging

- The Principles of St Francis' School -

## Student Attendance Awards

Being punctual to school and attending each day is key to any students' engagement in their schooling and education. In the last week of Term we acknowledged the following students who had either perfect attendance at school and/or perfect punctuality to school. Congratulations to these students on their awards.

### Perfect Attendance

Year 10

Jayden

### Perfect Punctuality

Year 10

Angel

Melissa

Jack Mc

Georgia S

Year 11

Paige

Year 12

Shannon

Andrew

Ali



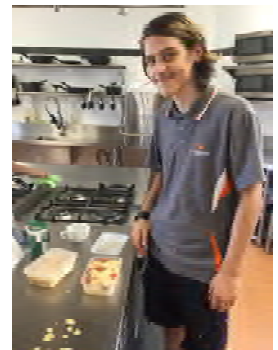
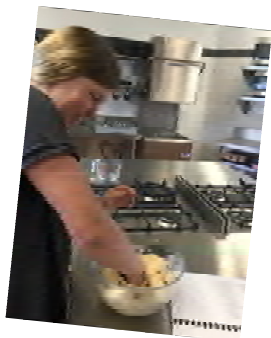
# In the Kitchen

with Mrs Krystal Dean

## Year 10



## Year 12

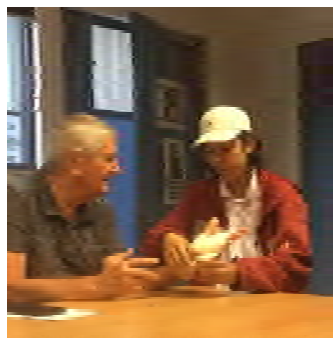
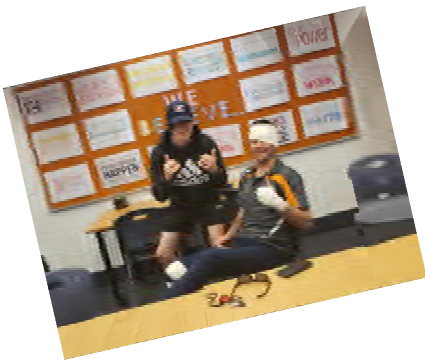


# First Aid



The Year 10 students have been busy developing their first aid skills in preparation for completing their 'Provide First Aid' certificate next term. They have learnt first aid terms, how to respond to an emergency and the contents of a first aid kit.

The students have also spent time learning about the different types of bandages and how to apply them, including bandaging the hand, head and ankle and how to make a sling. Good luck Year 10 students obtaining your first aid qualification next term!



# Police Academy

At the start of term three, students had the opportunity to visit the Police Academy in Joondalup. Tour guide, Andy Ayling provided a brilliant presentation to the staff and students who attended, explaining what it took to become an officer; the training involved and the challenges faced, but also the rewards. Students asked questions relating to guns, tazers, batons and real life scenarios.

It was a great opportunity for the students to explore future possibilities for themselves but also gain an understanding of the challenging lived experiences often faced by our Police officers in combating crime and keeping the rest of us safe and then returning to their own families at the end of a shift.



# WOODEN IT BE LOVELY....

Life in the Workshop by Mr David Willock



As part of the Year 10 Service programme students have been building outdoor benches for the community.

The latest one has gone to Champion Lakes House which does residential care for youth.

These well-constructed tables are very sturdy and look great. They are on sale for \$800 and profits generated go back into the community.



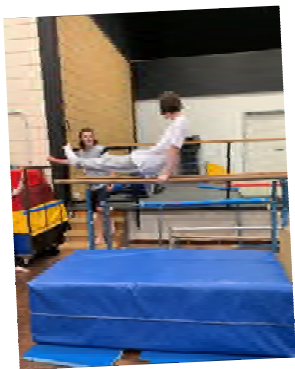
# Recreation

Recreation this Term has been fantastic and fun-filled.

We believe participating in recreational activities is a great way for people to develop and maintain their physical, mental and emotional wellbeing and have fun!

The benefits of recreation include:

- Connecting to our community.
- Building on our confidence, self-awareness, interests and strengths.
- Having fun and sharing laughter.
- Sense of freedom.
- Encourages social interaction.
- Improves concentration and learning.
- Reduces feelings of depression and anxiety.
- Enhances self-esteem and feel good hormones.
- Improves quality of life.
- Builds stronger, healthier, happier, and safer communities.



Thank you very much to:

Alan, Pheobe and Elaine at PCYC Gosnells

Scott at Gosnells Golf Course

Alvin Jiung – Junior in national elite programs for Table Tennis, represented Australia at World Games, ranked number 1 in his age group for Australia, WA's number 1 ranked player, head coach of the WA State teams and Healthway Smarter Than Smoking and Table Tennis Coaching Club for partnering with us this term and helping both our staff and students reach their Health goals.

# Youth Worker News

What a fantastic, fun filled and exciting term three of learning and creating we have had at St Francis.

We filled this term with guest speakers from Peer Based Harm Reduction, Sexual Health Head Quarters, Headspace, Helping Minds, WA Aids Council and Hepatitis WA and welcomed back some past students throughout this term.

R U OK? Day (Thursday 12<sup>th</sup> of September 2019) is our national day for action dedicated to reminding everyone that every day is the day to ask "Are you ok?" and support those struggling with lifes up and down.

St Francis's entered into the spirit of this day and Suicide Awareness Week with array of activities starting from our Thursday morning with Coffee and Cake for parents and carers through to making soap, "Be kind" bath bombs, "We care" candles, and tree painting for the Blue Tree Project.

We can't wait for Term Four and wish you all a happy, safe and relaxing holiday break!

Ps: Go onto our school website and download our free school holidays activity booklet to find out what's happening in our community this fortnight.



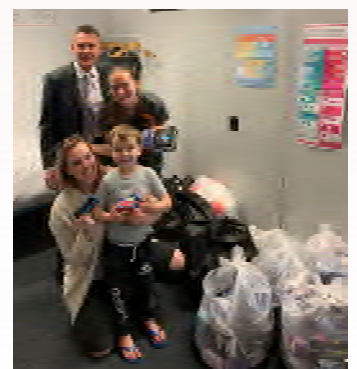
---

## Sharing the dignity



This term we were blessed by Keryn and Katie from Share the Dignity who donated twice this term with bags full of womens sanitary items and other goodies for our girls.

We are all so thankful for their support and generosity which we can now distribute to our students.



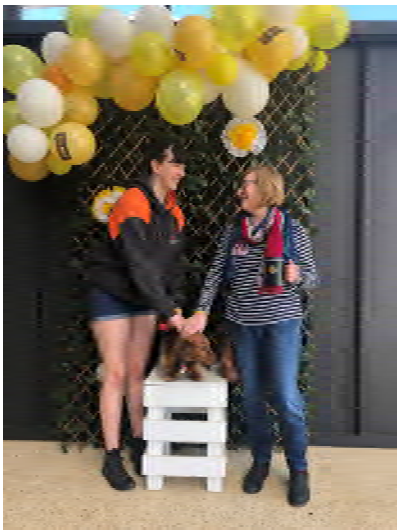
# Youth Worker News

Strong Hearts Strong Minds this term has brought much success and engagement with our year 12 group showing courage and leadership with their “Show and Tell” public speaking opportunity and engaging well with local community in our Café Connect outings.

Our year 11 students focused on creating Healthy Relationships, Consent, Your Rights and Responsibilities.

Our year 10’s have explored selfcare strategies, mindfulness walk, organised picnics in the local environment and discussed stress management.

## R U OK Day 2019



*We rise by lifting others*



# 2019 Graduation dinner

A huge THANK YOU to all the staff at **Ramon's Willow Pond Restaurant** in Canning Vale. Our wonderful year 12 students along with the St Francis' staff celebrated in style with a three course set menu dinner. Willow Pond provided the perfect location with the beautiful gardens and cosy inside atmosphere. The servings of food were generous and the variety, enough to please everyone.

Before the event, our year 12 young ladies enjoyed getting their hair and makeup done before the event by two very generous ladies. Hair was styled by **Lissette Quiroz** and makeup was completed by **Leanne from Studio Beautique**. Thank you to these two generous and lovely ladies who donated their time, energy and skills. Their efforts made a huge difference to the excitement of the day and upcoming night time celebrations.

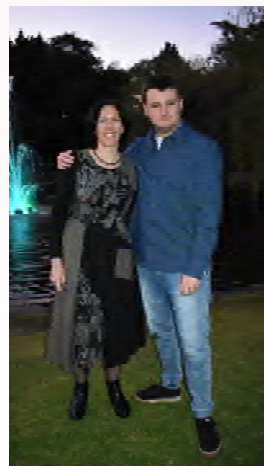
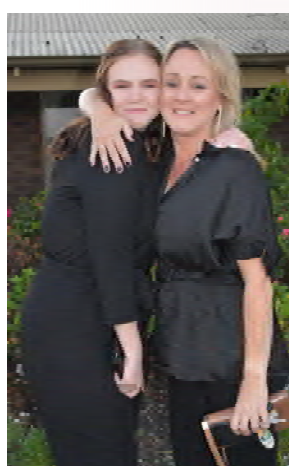
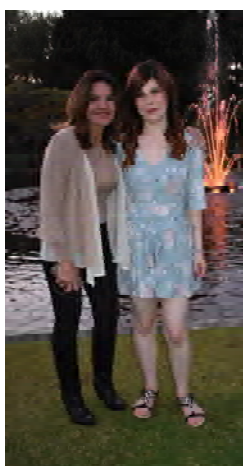
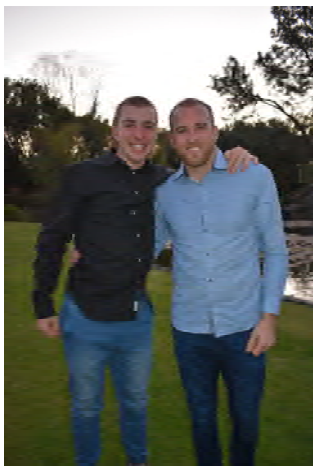
The excitement of the evening built as the day progressed until students left for the day to change into outfits to match their impressive hair and make-up preparations.

It was a proud, exciting and fun moment to watch the students arrive full of their own excitement and joy. All our young graduating men and women arrived looking amazing and definitely not like students. There was lots of photographs, laughter and banter to make the night special with staff and students coming together to share a very joyous and memorable occasion. It was a proud moment for all – parents, staff and students.

Deb Iacozza



# 2019 Graduation dinner



# 2019 St Francis' Day



## Principal's Cup 2019



Staff  
v  
Students



## From the STFS Admin Team...

STFS Administration will be closed from 4pm Friday 27th September, reopening on Monday 14th October. Should you have any queries during this time, please call 9262 4421 and leave a message or alternatively, please email [admin@stfs.wa.edu.au](mailto:admin@stfs.wa.edu.au)

Have a safe and happy holiday  
Jodi & Kate



### School Fees

At St Francis's School, our fees are kept as low as possible and include excursions, one STFS polo shirt, books and stationery.

#### **Fees for 2019 are now overdue and must be paid asap**

It is greatly appreciated that parents pay the full amount of fees either in one lump sum or in instalments as per the Payment Option Form. Thank you to those parents who have already made payments.

Should you have any difficulty in paying your fees or you'd like to set up a weekly/fortnightly/monthly payment arrangement, please contact Jodi on 9262 4421.

**All discussions regarding fees are strictly confidential.**

At STFS, we encourage parents/guardians to contact the school if a student is going to be absent, late or need to leave early.

We have a school mobile that you can send a text to 0427 920 344 or please send an email to [admin@stfs.wa.edu.au](mailto:admin@stfs.wa.edu.au).

## Uniform



It's fantastic to see so many students in their uniform each day.

If you would like to order any uniform, please contact Admin

STFS Student Polo	\$30 each
STFS Hoodie	\$50 each

# Community News....

CONSTRUCTION FUTURES CTF

www.ctf.wa.gov.au

9244 0100

104 Belgrave St, BELMONT WA, 6104

## OPEN DAY

TUESDAY 1 OCTOBER 2019  
9am to 12:30pm



Sessions start at 9am and 11am  
Admission is **FREE** | BOOKINGS ESSENTIAL

TO BOOK A SESSION TIME PHONE 0455 234 278 or  
EMAIL [cfc@ctf.wa.gov.au](mailto:cfc@ctf.wa.gov.au)



# Maritime Day

Fremantle Port / Saturday 2 November / 10am - 4pm

# 2019



Enjoy an action-packed day with friends and family!  
**FREE ENTRY**

### Come down to Victoria Quay for more than 90 displays

- Board a tug or emergency response vessel
- Free harbour rides
- Border Force protection dog
- RAN clearance dive team
- Kids! Dress up as a mermaid, pirate or fish and join our dress-up parade
- Free face painting
- Jesse the Pirate
- Learn to use your smartphone as a microscope to discover tiny sea creatures
- Visit the WA Maritime Museum (gold coin entry)
- Historic and modern photography display
- Musical entertainment and more!

Celebrate the maritime industry in our working port. Learn about exciting careers and maritime education opportunities.

More information:  
Jane Edwards  
9430 3373  
[Jane.Edwards@fremantleports.com.au](mailto:Jane.Edwards@fremantleports.com.au)  
<https://www.facebook.com/FreoPorts/>



## CITY OF GOSNELLS

### MONDAY

- YOUNG CHANGE MAKERS YOUTH ADVISORY GROUP** (M, S)  
The Castle Youth Centre  
3.30pm - 5.30pm  
Ages 12 - 22
- SKATE JAM** (S)  
Gosnells SP  
2.30pm - 5.30pm
- DROP-IN** (M)  
The Shack Youth Centre  
2.30pm - 5.30pm  
Ages 10 - 18
- SKATE JAM** (S)  
Thornlie SP  
3pm - 5pm
- CATCH MUSIC** (M, S)  
The Soundlab Youth Centre  
4.30pm - 6pm  
[www.catchmusic.org.au](http://www.catchmusic.org.au)

### TUESDAY

- DROP-IN** (M)  
The Shack Youth Centre  
2.30pm - 5.30pm  
Ages 10 - 18
- SKATE JAM** (S)  
Gosnells SP  
2.30pm - 5.30pm
- SKATE JAM** (S)  
Maddington SP  
3pm - 5pm
- PARK PLAY** (M)  
Various locations  
Various times

### WEDNESDAY

- PARK PLAY** (M)  
Various locations  
9.30am - 11.30am  
Ages 0 - 10
- SKATE JAM** (S)  
Gosnells SP  
2.30pm - 5pm
- SKATE JAM** (S)  
Maddington SP  
3pm - 5pm
- ART STUDIO** (M, S, F)  
The Castle Youth Centre  
3.30pm - 5.30pm  
Ages 10 - 18
- BUZZ BOYS MENTORING** (M, S, F)  
The Shack Youth Centre  
3.30pm - 5.30pm  
Ages 12 - 18
- SOUNDLAB MUSIC CREW** (M, S, F)  
The Soundlab Youth Centre  
3.30pm - 7pm  
Ages 12 - 28
- GOSFIELDS** (M)  
Richard Rushton Community Centre  
4pm - 6pm  
Ages 8 - 16  
Free Park Play for children aged 0 - 8

# SCHOOL TERM THREE PROGRAMS

### THURSDAY

- DROP-IN** (M)  
The Shack Youth Centre  
2.30pm - 5.30pm  
Ages 10 - 18
- SKATE JAM** (S)  
Gosnells SP  
2.30pm - 5pm
- SKATE JAM** (S)  
Thornlie SP  
3pm - 5pm
- BUZZ GIRLS MENTORING** (M, S, F)  
The Castle Youth Centre  
3.30pm - 5.30pm  
Ages 12 - 18
- LATE NIGHT LIVE** (M)  
The Soundlab Youth Centre  
3.30pm - 8pm  
Ages 10 - 18

### FRIDAY

- PARK PLAY** (M)  
Various locations  
9.30am - 11.30am  
Ages 0 - 10
- SKATE JAM** (S)  
Mills Park SP  
3pm - 5pm
- CHILLZONE** (M)  
The Castle Youth Centre  
3.30pm - 5.30pm  
Ages 10 - 18

### SATURDAY

- SKATE JAM** (S)  
Mills Park SP  
10am - 2pm



### BECOME A MEMBER

To book into some of our great programs you to be a member. Membership is free. Visit the h fill out the on-line membership form.

### HOW TO BOOK

Book online at [www.thehive.net.au](http://www.thehive.net.au) on each program page or call 9397 3000.

- (M) Bookings required
- (S) Membership required
- (F) All ages
- (M) Free
- (F) Term payment required

[thehive.net.au](http://thehive.net.au) | 9397 3000 | [f /cityofgosnellsyouth](https://www.facebook.com/cityofgosnellsyouth)

## Family and Relationship Services

Workshops

### What's On - Term 4 Program 2019

#### Understanding Anxiety & Depression in Youth

For parents & carers of children aged 10-17 years.

Do you have a young person in your life that may be experiencing Anxiety or Depression? This course covers the challenges experienced by anxious and/or depressed adolescents and provides practical ideas and tips for parents and carers to assist their child and themselves.



**Date:** Wednesday  
9<sup>th</sup> October 2019

**Time:** 6pm – 8.00pm

**Facilitator:**  
Romy Pritchard

**Location:** Anglicare  
14 Council Avenue  
Rockingham

**Creche:**  
Unavailable

**Bookings:**  
[Register online here](#)  
9528 0702

#### Bullying in the Cyberworld

For parents & carers of children 5-15 years

Cyberbullying is a form of bullying or harassment using electronic means. This one session workshop identifies bullying behaviours and looks in detail at cyberbullying and its impact on children. It will support participants in teaching children strategies to reduce the incidence cyberbullying.



**Date:** Thursday  
31<sup>st</sup> October 2019

**Time:** 10am – 12pm

**Facilitator:**  
Zoe Hughes

**Location:** Communicare  
28 Cecil Avenue  
Cannington

**Creche:**  
Yes  
**Bookings Essential!**

**Bookings:**  
**T** 9251 5777  
**E** [parenting@communicare.org.au](mailto:parenting@communicare.org.au)  
**W** Register through Eventbrite

**Bookings are essential to secure a place, and all workshops are free of charge.**

## Save the Date



The Premier Showcase Event - Celebrating 16 Years

The Abilities Expo is for people of all ages with disability, their families and carers who want to know more about the services they can access and the organisations that provide those services.

Wednesday October 30<sup>th</sup> 2019

Crown Perth - Grand Ballroom

9:15am - 1:30pm

In partnership with...



Department of Education



For further information, contact Paul Jones / Becc Dagleish on 9413 4850 or email, [abilities.expo@education.wa.edu.au](mailto:abilities.expo@education.wa.edu.au)



Abilities Expo—Pathways to the Future

## Sixty Foot Falls Walk

### EVENT DETAILS



**When:** Wednesday 2 October, 9.00am - 11.00am

Get the kids out of the house and into nature this school holidays by enjoying a guided climb to the top of the spectacular Sixty Foot Falls, affording magnificent views of the City and the Valley along the way, before descending past the old Barrington Quarry where old workings provide a window into the geology of the area. This walk is a 2km loop.

**Be Eco Trek ready:**

- Bring wet weather gear
- Wear comfortable, sturdy footwear
- Bring a hat and sunscreen

Bookings are essential on 9397 3000.



### CONTACT AND ADDRESS DETAILS

Address : Valley Head Carpark, Orange Grove WA 6110  
Telephone : 9397 3000  
Email Address : [council@gosnells.wa.gov.au](mailto:council@gosnells.wa.gov.au)  
Fees : Free  
Suitable : Adults, Children, Families, Teenagers, All community

## Run-A-Muck

### EVENT DETAILS



**When:** Saturday 19 October, 10.00am - 3.00pm  
Sunday 20 October, 10.00am - 3.00pm

The Run-A-Muck family event presented by LiveLighter, is returning for its second year, transforming Harmony Fields open space into the ultimate obstacle course for a family fun day out.

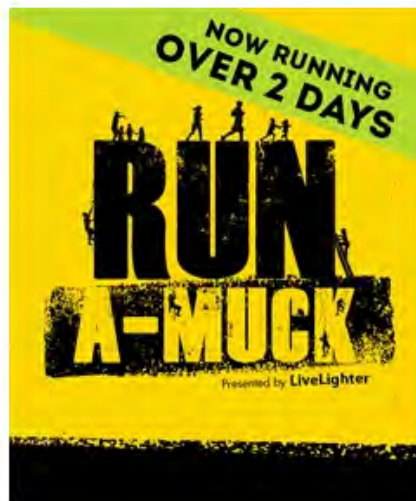
Due to overwhelming popularity in 2018, this year there is DOUBLE the chance to Run-A-Muck, with the event extending over two days on an even bigger course.

Designed with fun and safety in mind, Run-A-Muck includes a range of obstacles that are both challenging and fun. Suitable for ages 3+ and for all fitness levels, this obstacle course spans over 300 metres and will be the largest inflatable obstacle course ever set up in Perth.

The course has been designed to allow participants to run at their own pace and is made up of a variety of giant inflatables as well as tunnels, waterslides, ball pits, foam slides and commando nets.

With such a range of obstacles to overcome, the Run-A-Muck course is an exciting challenge for experienced and beginner runners. Round up the kids, your friends and family and take on this awesome adventure challenge.

[Click here to book your tickets](#)



### CONTACT AND ADDRESS DETAILS

Address : Harmony Fields at  
163 Alcock Street, Maddington WA 6110  
Telephone : 9397 3000  
Email Address : [council@gosnells.wa.gov.au](mailto:council@gosnells.wa.gov.au)  
Fees : Free  
Suitable : All community

## Ranger Red and his animal friends

### EVENT DETAILS



**When:** Tuesday 8 October, 10.00am - 11.00am

Ranger Red has lots of animal friends! Come along to see a variety of Australian animals and learn some strange facts about them too.

This event is suitable for families with children of all ages.



### CONTACT AND ADDRESS DETAILS

Venue : Knowledge Centre  
Address : 2232D Albany Highway, Gosnells WA 6110  
Telephone : 9391 6000  
Email Address : [library\\_queries@gosnells.wa.gov.au](mailto:library_queries@gosnells.wa.gov.au)  
Fees : This is a free event however bookings are essential.  
Suitable : Children, Families



## From the STFS Admin Team...



This year we are raising money for our School. Please help us achieve our goal by purchasing your Entertainment Membership from us. St Francis' School received 20% from every Membership sold so tell you family and friends to support us aswell.

The Entertainment Memberships are available as a Book or as a Digital Membership App. Both are full of great value and you only need to use your Membership once or twice and it will have paid for itself!

Anytime you use your Membership after that, the savings are dollars in your pocket! With great offers which include 2-for-1 offers, special rates and up to 50% off on activities, dining, shopping, travel and leisure.....there is something for everyone in this year's Entertainment Membership.

**Purchase your Membership by contacting Kate or Jodi at Admin or online at [www.entbook.com.au/9n53794](http://www.entbook.com.au/9n53794)**

